



Restoring function, Optimising wellness



# Health Screening Packages

Screen Early For Optimal Protection

   [sgpaincare](#)

[www.msmc-clinic.com](http://www.msmc-clinic.com)

A Brand of Singapore Paincare Center



## About

# MSMC

## Musculoskeletal & Sports Medicine Clinic

(A Brand of Singapore Paincare Center)

MSMC Musculoskeletal and Sports Medicine Clinic provides full suite of clinical services for the assessment and treatment, based on evidence-based medicine, for musculoskeletal conditions ranging from sports injuries to chronic degenerative conditions. The key focus is the use of non-surgical approach to pain management, for sustained long-lasting pain relief.

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**As part of its Wellness services, MSMC offers:**

- Holistic executive health screening for early detection of diseases and risk factors
- Specially curated oral supplements for healthy ageing and optimal health and vitality
- Medical assessment, advice and weight loss treatment for obesity



# Comprehensive Health Screening In Singapore

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## Why Should We Consider Health Screening?

- ✔ Health screening enables the early detection of potential health issues, often before symptoms appear, improving the effectiveness of treatment strategies.
- ✔ Early detection of diseases such as cancer, heart disease, or diabetes can aid in improving treatment outcomes and long term health prognosis.
- ✔ Over time, regular health screenings can lead to better management of chronic diseases, increased lifespan, and improved quality of life.



# MSMC EXECUTIVE

**\$815**

A detailed and focused screening package with the flexibility to select TWO investigations from Group A. Suitable for individuals above the age of 30.

## 1. Core Component

- Medical Consultation and Examination
- Body Index Analysis
- Urine and Stool Analysis
- Chest X-ray
- ECG

## 2. Blood Test

- Haematology
- ABO Blood Group
- Fasting Glucose
- HbA1C
- Lipid Profile
- Renal Profile
- Liver Profile
- Bone and Joint (Calcium, Phosphate, Uric Acid, RA Factor)
- STD (VDRL)
- Tumour Markers (AFP, CEA)
- Tumour Markers (CA19.9, EBV EA, H Pylori, CA125 (Female Only), Total PSA (Male Only))
- Hep A, B and C
- HsCRP
- Thyroid (Free T4)
- Thyroid (TSH)
- Vit D

## 3. Other Tests

- Urine Microalbumin, Urine Creatinine, Urine Microalbumin/Creatinine Ratio
- eGFR

## 4. Choose TWO (Group A)

- Bone Mass Density
- Ultrasound Thyroid
- Ultrasound Liver
- Ultrasound Kidney
- Ultrasound Bladder
- Ultrasound Breast (Female Only)
- Ultrasound Pelvis (Female Only)



# MSMC DELUXE

\$952

A detailed and focused screening package with the flexibility to select TWO investigations from Group A and B. Suitable for individuals above the age of 30.

## 1. Core Component

- Medical Consultation and Examination
- Body Index Analysis
- Urine and Stool Analysis
- Chest X-ray
- ECG

## 2. Blood Test

- Haematology
- ABO Blood Group
- Fasting Glucose
- HbA1C
- Lipid Profile
- Renal Profile
- Liver Profile
- Bone and Joint (Calcium, Phosphate, Uric Acid, RA Factor)
- STD (VDRL)
- Tumour Markers (AFP, CEA)
- Tumour Markers (CA19.9, EBV EA, H Pylori, CA125 (Female Only), Total PSA (Male Only))
- Hep A, B and C
- HsCRP
- Thyroid (Free T4)
- Thyroid (TSH)
- Vit D

## 3. Other Tests

- Urine Microalbumin, Urine Creatinine, Urine Microalbumin/Creatinine Ratio
- eGFR

## 4. Choose ONE (Group A)

- Bone Mass Density
- Ultrasound Thyroid
- Ultrasound Liver
- Ultrasound Kidney
- Ultrasound Bladder
- Ultrasound Breast (Female Only)
- Ultrasound Pelvis (Female Only)

## 5. Choose ONE (Group B)

- Ultrasound Abdomen
- Mammogram with Ultrasound Breast (Female Only)
- Ultrasound Prostate (Male Only)



# MSMC ELITE

\$1298

Suitable for individuals above the age of 40, this package aims to ensure a state of optimal health at this juncture of life.

## 1. Core Component

- Medical Consultation and Examination
- Body Index Analysis
- Urine and Stool Analysis
- Chest X-ray
- ECG

## 2. Blood Test

- Haematology
- ABO Blood Group
- Fasting Glucose
- HbA1C
- Lipid Profile
- Renal Profile
- Liver Profile
- Bone and Joint (Calcium, Phosphate, Uric Acid, RA Factor)
- STD (VDRL)
- Tumour Markers (AFP, CEA)
- Tumour Markers (CA19.9, EBV EA, H Pylori, CA125 (Female Only), Total PSA (Male Only))
- Hep A, B and C
- HsCRP
- Thyroid (Free T4)
- Thyroid (TSH)
- Vit D

## 3. Other Tests

- Urine Microalbumin, Urine Creatinine, Urine Microalbumin/Creatinine Ratio
- eGFR

## 4. Choose TWO (Group A)

- Bone Mass Density
- Ultrasound Thyroid
- Ultrasound Liver
- Ultrasound Kidney
- Ultrasound Bladder
- Ultrasound Breast (Female Only)
- Ultrasound Pelvis (Female Only)

## 5. Choose ONE (Group B)

- Ultrasound Abdomen
- Mammogram with Ultrasound Breast (Female Only)
- Ultrasound Prostate (Male Only)



# MSMC

# ELITE PLUS

\$1580

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Suitable for individuals above the age of 40 and may have a family history of diseases. This package is recommended for those who want to have a more comprehensive health assessment with added investigation and hormone profile.



## 1. Core Component

- Medical Consultation and Examination
- Body Index Analysis
- Urine and Stool Analysis
- Chest X-ray
- ECG

## 2. Blood Test

- Haematology
- ABO Blood Group
- Fasting Glucose
- HbA1C
- Lipid Profile
- Renal Profile
- Liver Profile
- Bone and Joint (Calcium, Phosphate, Uric Acid, RA Factor)
- STD (VDRL)
- Tumour Markers (AFP, CEA)
- Tumour Markers (CA19.9, EBV EA, H Pylori, CA125 (Female Only), Total PSA (Male Only))
- Hep A, B and C
- HsCRP
- Thyroid (Free T4)
- Thyroid (TSH)
- Vit D

## 3. Other Tests

- Urine Microalbumin, Urine Creatinine, Urine Microalbumin/Creatinine Ratio
- eGFR

## 4. Hormone Profile

- **Menopausal Profile:** FSH, LH, E2, DHEAS, Progesterone
- **Andropausal Profile:** FSH, LH, E2, DHEAS, Total Testosterone

## 5. Choose TWO (Group A)

- Bone Mass Density
- Ultrasound Thyroid
- Ultrasound Liver
- Ultrasound Kidney
- Ultrasound Bladder
- Ultrasound Breast (Female Only)
- Ultrasound Pelvis (Female Only)

## 6. Choose TWO (Group B)

- Ultrasound Abdomen
- Mammogram with Ultrasound Breast (Female Only)
- Ultrasound Prostate (Male Only)



# MSMC PLATINUM

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\$2498

Suitable for individuals above the age of 40 who wish to undergo a thorough health screening. This premium package contains extensive selection of investigations as well as comprehensive blood and hormone profiles, with additional ONE MRI or CT scan on major organs to detect for common and degenerative diseases.

## 1. Core Component

- Medical Consultation and Examination
- Body Index Analysis
- Urine and Stool Analysis
- Chest X-ray
- ECG

## 2. Blood Test

- Haematology
- ABO Blood Group
- Fasting Glucose
- HbA1C
- Lipid Profile
- Renal Profile
- Liver Profile
- Bone and Joint (Calcium, Phosphate, Uric Acid, RA Factor)
- STD (VDRL)
- Tumour Markers (AFP, CEA)
- Tumour Markers (CA19.9, EBV EA, H Pylori, CA125 (Female Only), Total PSA (Male Only))
- Hep A, B and C
- HsCRP
- Thyroid (Free T4)
- Thyroid (TSH)
- Vit D

## 3. Other Tests

- Urine Microalbumin, Urine Creatinine, Urine Microalbumin/Creatinine Ratio
- eGFR

## 4. Hormone Profile

- **Menopausal Profile:** FSH, LH, E2, DHEAS, Progesterone
- **Andropausal Profile:** FSH, LH, E2, DHEAS, Total Testosterone

## 5. Choose TWO (Group A)

- Bone Mass Density
- Ultrasound Thyroid
- Ultrasound Liver
- Ultrasound Kidney
- Ultrasound Bladder
- Ultrasound Breast (Female Only)
- Ultrasound Pelvis (Female Only)

## 6. Choose TWO (Group B)

- Ultrasound Abdomen
- Mammogram with Ultrasound Breast (Female Only)
- Ultrasound Prostate (Male Only)

## 7. Choose ONE (Group C)

- MRI Lumbar Spine
- MRI Neck
- MRI Stroke Screen
- CT Angiogram
- CT Lung Screen & CT Abdomen



# MSMC EMERALD

\$3890

Suitable for individuals above the age of 40 who wish to undergo a thorough health screening. This premium package contains extensive selection of investigations as well as comprehensive blood and hormone profiles, with additional TWO MRI and/or CT scans on major organs to detect for common and degenerative diseases.

## 1. Core Component

- Medical Consultation and Examination
- Body Index Analysis
- Urine and Stool Analysis
- Chest X-ray
- ECG

## 2. Blood Test

- Haematology
- ABO Blood Group
- Fasting Glucose
- HbA1C
- Lipid Profile
- Renal Profile
- Liver Profile
- Bone and Joint (Calcium, Phosphate, Uric Acid, RA Factor)
- STD (VDRL)
- Tumour Markers (AFP, CEA)
- Tumour Markers (CA19.9, EBV EA, H Pylori, CA125 (Female Only), Total PSA (Male Only))
- Hep A, B and C
- HsCRP
- Thyroid (Free T4)
- Thyroid (TSH)
- Vit D

## 3. Other Tests

- Urine Microalbumin, Urine Creatinine, Urine Microalbumin/Creatinine Ratio
- eGFR

## 4. Hormone Profile

- **Menopausal Profile:** FSH, LH, E2, DHEAS, Progesterone
- **Andropausal Profile:** FSH, LH, E2, DHEAS, Total Testosterone

## 5. Choose TWO (Group A)

- Bone Mass Density
- Ultrasound Thyroid
- Ultrasound Liver
- Ultrasound Kidney
- Ultrasound Bladder
- Ultrasound Breast (Female Only)
- Ultrasound Pelvis (Female Only)

## 6. Choose TWO (Group B)

- Ultrasound Abdomen
- Mammogram with Ultrasound Breast (Female Only)
- Ultrasound Prostate (Male Only)

## 7. Choose TWO (Group C)

- MRI Lumbar Spine
- MRI Neck
- MRI Stroke Screen
- CT Angiogram
- CT Lung Screen & CT Abdomen



# MSMC RUBY

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**\$5288**

Suitable for individuals above the age of 40 who wish to undergo a thorough health screening. This premium package contains extensive selection of investigations as well as comprehensive blood and hormone profiles, with additional THREE MRI and/or CT scans on major organs to detect for common and degenerative diseases.

## 1. Core Component

- Medical Consultation and Examination
- Body Index Analysis
- Urine and Stool Analysis
- Chest X-ray
- ECG

## 2. Blood Test

- Haematology
- ABO Blood Group
- Fasting Glucose
- HbA1C
- Lipid Profile
- Renal Profile
- Liver Profile
- Bone and Joint (Calcium, Phosphate, Uric Acid, RA Factor)
- STD (VDRL)
- Tumour Markers (AFP, CEA)
- Tumour Markers (CA19.9, EBV EA, H Pylori, CA125 (Female Only), Total PSA (Male Only))
- Hep A, B and C
- HsCRP
- Thyroid (Free T4)
- Thyroid (TSH)
- Vit D

## 3. Other Tests

- Urine Microalbumin, Urine Creatinine, Urine Microalbumin/Creatinine Ratio
- eGFR

## 4. Hormone Profile

- **Menopausal Profile:** FSH, LH, E2, DHEAS, Progesterone
- **Andropausal Profile:** FSH, LH, E2, DHEAS, Total Testosterone

## 5. Choose TWO (Group A)

- Bone Mass Density
- Ultrasound Thyroid
- Ultrasound Liver
- Ultrasound Kidney
- Ultrasound Bladder
- Ultrasound Breast (Female Only)
- Ultrasound Pelvis (Female Only)

## 6. Choose TWO (Group B)

- Ultrasound Abdomen
- Mammogram with Ultrasound Breast (Female Only)
- Ultrasound Prostate (Male Only)

## 7. Choose THREE (Group C)

- MRI Lumbar Spine
- MRI Neck
- MRI Stroke Screen
- CT Angiogram
- CT Lung Screen & CT Abdomen



# MSMC GOLD

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\$6380

Suitable for individuals above the age of 40 who wish to undergo a thorough health screening. This premium package contains extensive selection of investigations as well as comprehensive blood and hormone profiles, with additional FOUR MRI and/or CT scans on major organs to detect for common and degenerative diseases.



## 1. Core Component

- Medical Consultation and Examination
- Body Index Analysis
- Urine and Stool Analysis
- Chest X-ray
- ECG

## 2. Blood Test

- Haematology
- ABO Blood Group
- Fasting Glucose
- HbA1C
- Lipid Profile
- Renal Profile
- Liver Profile
- Bone and Joint (Calcium, Phosphate, Uric Acid, RA Factor)
- STD (VDRL)
- Tumour Markers (AFP, CEA)
- Tumour Markers (CA19.9, EBV EA, H Pylori, CA125 (Female Only), Total PSA (Male Only))
- Hep A, B and C
- HsCRP
- Thyroid (Free T4)
- Thyroid (TSH)
- Vit D

## 3. Other Tests

- Urine Microalbumin, Urine Creatinine, Urine Microalbumin/Creatinine Ratio
- eGFR

## 4. Hormone Profile

- **Menopausal Profile:** FSH, LH, E2, DHEAS, Progesterone
- **Andropausal Profile:** FSH, LH, E2, DHEAS, Total Testosterone

## 5. Choose TWO (Group A)

- Bone Mass Density
- Ultrasound Thyroid
- Ultrasound Liver
- Ultrasound Kidney
- Ultrasound Bladder
- Ultrasound Breast (Female Only)
- Ultrasound Pelvis (Female Only)

## 6. Choose TWO (Group B)

- Ultrasound Abdomen
- Mammogram with Ultrasound Breast (Female Only)
- Ultrasound Prostate (Male Only)

## 7. Choose FOUR (Group C)

- MRI Lumbar Spine
- MRI Neck
- MRI Stroke Screen
- CT Angiogram
- CT Lung Screen & CT Abdomen

# HEALTH SCREENING PACKAGES COMPARISON

	MSMC Executive	MSMC Deluxe	MSMC Elite	MSMC Elite Plus	MSMC Platinum	MSMC Emerald	MSMC Ruby	MSMC Gold
Price	\$815	\$952	\$1298	\$1580	\$2498	\$3890	\$5288	\$6380
Core Component	✓	✓	✓	✓	✓	✓	✓	✓
Blood Test	✓	✓	✓	✓	✓	✓	✓	✓
Other Tests	✓	✓	✓	✓	✓	✓	✓	✓
Hormone Profile				✓	✓	✓	✓	✓
Group A	✓ CHOOSE 2	✓ CHOOSE 1	✓ CHOOSE 2	✓ CHOOSE 2	✓ CHOOSE 2	✓ CHOOSE 2	✓ CHOOSE 2	✓ CHOOSE 2
Group B		✓ CHOOSE 1	✓ CHOOSE 1	✓ CHOOSE 2	✓ CHOOSE 2	✓ CHOOSE 2	✓ CHOOSE 2	✓ CHOOSE 2
Group C				✓ CHOOSE 1	✓ CHOOSE 1	✓ CHOOSE 2	✓ CHOOSE 3	✓ CHOOSE 4

# Important Things To Note For Health Screening

- It is advisable to make an appointment for your preferred Health Screening package with our clinic in advance. Our clinic will advise you with a suitable health screening package based on your needs.
- Follow any dietary instructions before your health screening appointment and dress comfortably on the day of your appointment. Some health screening tests may require special preparation, please consult the doctor for more information.
- All information in this brochure is accurate at time of print and is subject to change without notice, at the sole discretion of Musculoskeletal & Sports Medicine Clinic. Please check with our clinic for the latest information.
- All prices stated are in Singapore Dollars (SGD) and exclusive of the prevailing GST rate.



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